



PRIVATE LESSONS

PERSONAL SAFETY FOR MEN & WOMEN (2 hrs)

- Approach strategies criminal are using;
- Identification of the stages of a violent crime;
- Defensive options;
- How to choose the appropriate defense;
- When escape is the best option;
- When physical resistance is the only option;
- Tactics and techniques to combat:
 - Road rage;
 - Stalking;
 - Robbery;
 - Abduction.

LAW ENFORCEMENT/ACTIVE SHOOTER (4 hrs)

- Active Shooter's motivations/thought processes;
- Observations/Characteristics of the active shooter;
- Law Enforcement Officer Paradigm shifts;
- Practical tactics;
- Physical techniques;
- When an Officer is taken Hostage, techniques he/she may use to rescue themselves;
- Sound tactics and techniques for Event day.

LAW ENFORCEMENT/SECURITY- BASIC (8 hours)

- Approach to the subject and appropriate techniques;
- Defensive positioning of the potentially violent subject
- Defensive positioning for multiple subjects;
- Blocking and effective counter techniques against punches and kicks;
- Restraint holds that really work;
- Exceptional Use of Force techniques.

LAW ENFORCEMENT/SECURITY - INTERMEDIATE (8 hrs)

- Re-enforcing basic defensive tactics and movements;
- Establishing mental and physical control over suspect;
- Basic edged weapon disarms;
- Basic handgun disarms;
- Basic hold breaking;
- Basic striking techniques (punches and kicks)
- Hostage mitigation techniques/strategies.

ADVANCED (8 hrs)

- Re-enforcing Intermediate moves;
- Advanced Exceptional Use of Force techniques;
- Advanced defensive techniques to include blocking punches and kicks;
- Advanced weapons disarming;
- Advanced striking techniques (punches and kicks)
- Candidates who Successfully complete this course will be certified as a "Train the Trainer for their agency".

WOMEN SELF DEFENSE BASIC - 4 & 8 hrs

- Risk Factors for the victim
- Stages of a Violent Crime;
- Stalking Countermeasures;
- Abduction Countermeasures
- Sexual Assault; Arrest, Trial, Conviction issues...
- Physical techniques to combat: Simple hold breaking

WOMEN SELF DEFENSE ADVANCED - 4 & 8 hrs

- Complex Hold Breaking;
- Edged Weapons Defense;
- Firearms Disarms;
- Hostage Escape Techniques;
- Prone defense techniques;
- Deadly force discussion, options and techniques;
- Incapacitating the offender.

CHILD SAFETY, A PARENTS' FOCUS - 2 hrs

- Identification of the threat;
- Accountability to your child;
- Parent's paradigm shift;
- Preventing child abduction for
 - Newborns;
 - Toddlers ;
 - Pre-school ages 3-5;
 - Elementary and Middle School students
 - High School students and beyond...

To book a class, please call 775-843-0936 or e-mail us at joey@leadingedgeclasses.com



PRIVATE LESSONS

KIDS' SAFETY AT SCHOOL - 2 hrs

- Kid's Safety rules;
- Home alone rules;
- School route safety;
- Playing The "what if" game;
- Discussing child lures;
- Resistance strategies;
- Parent's responsibilities;
- Countermeasures for parents;
- Parent's homework.

TRAVEL SAFETY - 2 hrs

Designed to get the traveler from the door of their home through their chosen mode of travel and to their destination safely. Participants are taught:

- How to target harden yourself;
- Observing criminals and their behavior before they strike;
- Evasive strategies;
- Confrontation skills;
- Physical tactics and techniques to defeat the violent offender.

MINISTRY PROTECTION - BASIC - 4 hrs

- Realities of church violence;
- Paradigm shifts for church leaders and workers;
- Developing the Ministry Security Teams;
- Advance/event planning
- Observation/behavior skills;
- Mental tactics to approach and mitigate potentially violent subjects;
- Physical techniques for:
 - Come along holds;
 - Takedowns and handcuffing;
 - Defense against punches and kicks

ADVANCED MINISTRY PROTECTION - 4 hrs

- Advance/event planning;
- Observation/behavior skills;
- Mental tactics to approach and mitigate the violent subject;
- Advanced Physical techniques;
- Exceptional use of force techniques;
 - Advanced come along holds;
 - Advanced takedowns;
 - Defense against punches and kicks
- Active Shooter resolution;
- Hostage mitigation techniques/strategies.

WORKPLACE VIOLENCE (4 hrs)

- The mindset of the active shooter;
- Threat assessment of the at risk employee;
- Spontaneous or pre-meditated;
- Administrators and management paradigm shifts;
- Administrative accountability & liabilities;
- Improving Observational skills of faculty/staff;
- Pro-active countermeasures for the agency;
- How to respond on Incident day;
- Law Enforcement response/expectations;
- Individual responses and personal safety.

ACTIVE SHOOTER IN A PUBLIC SETTING (1 & 4 hours)

- The mindset of the active shooter in public;
- Improving your Observational skills;
- Individual responses and personal safety on Incident Day...
- Law Enforcement responses;
- Individual Personal Safety Tactics and Techniques.

COLLEGIAL PERSONAL SAFETY - 1 & 4 hrs

- Types of crimes on Campus
- Victim risk factors
- Observation skills
- Vehicle interactions
- Establishing safeguards
- Date rape (facts and fictions)
- Preventing abductions
- Understanding the male psyche

To book a class, please call 775-843-0936 or e-mail us at joey@leadingedgeclasses.com